Allergen and Nutritional Information

ADDITIONAL TOPPINGS(per portion)

	Choc Bits	Peanuts	Rainbow Sprinkles	s '99' Flakes
Energy(kj)	138kj	164kj	139kj	184kj
Energy(kcal)	33kcal	40kcal	33kcal	44kcal
Total Fat	1.3g	3.2g	1.2g	2.5g
Of which Saturates	1.1g	0.6g	1.0g	1.5g
Total Carbohydrates	5.5g	0.9g	5.6g	4.7g
Of which Sugars	5.3g	0.4g	5.6g	4.6g
Protein	0.1g	1.8g	0.0g	0.6g
Salt	0.0g	0.0g	0.0g	0.0g
Allergens Present		Peanuts		Milk

	Raspberry Sauce	Wafer Biscuit	Choc Sauce
Energy(kj)	104kj	15kj	179kj
Energy(kcal)	25kcal	4kcal	42kcal
Total Fat	0.0g	0.0g	0.6g
Of which Saturates	0.0g	0.0g	0.4g
Total Carbohydrates	5.8g	0.8g	7.7g
Of which Sugars	5.8g	0.8g	7.7g
Protein	0.0g	0.1g	1.0g
Salt	0.0g	0.0g	0.0g
Allergens Present		Wheat, Soya	Milk, Sulphur Dioxide

For allergens including cereals containing gluten see ingredients in **bold**. May contain nuts, peanuts, egg